

Lectio Divina

RAP with
John 20:19-23



Corpus Christi



The 3 Steps of Lectio Divina

"RAP"



Receive



Apply



Pray





Receive

“When you read the Bible, God speaks to you.”

- **ST. AUGUSTINE**



Apply

How does what I received apply...

- To my life today?
- To how I feel emotionally? spiritually?
- To my relationships? To my vocation?



Pray

"Prayer in my opinion is nothing else than
a close sharing between friends."

- ST. TERESA OF AVILA



Receive

"It was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews. Jesus came and stood among them and said, "Peace be with you."
(John 20:19).



Apply



Jesus bypassed the “locked doors,” said “Peace be with you.”



What are the “locked doors” in my life? Where do I lack “peace” in my life? What places of my life do I need Jesus to enter into and bring more peace?



Pray

 **Jesus bypassed the “locked doors,” said “Peace be with you.”**

 What are the “locked doors” in my life? Where do I lack “peace” in my life? What places of my life do I need Jesus to enter into and bring more peace?

 Jesus, these are the locked doors in my life... I open these doors to you, Jesus... Jesus, fill my mind and heart with your peace... a peace the world cannot give.



Receive

"After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord" (John 20:20).



Apply



The disciples rejoiced when they saw the Lord.



Joy... Do I find joy in my relationship with Jesus? How can I have more joy in my life?



Pray

 **The disciples rejoiced when they saw the Lord.**

 Joy... Do I find joy in my relationship with Jesus? How can I have more joy in my life?

 Jesus, I want more joy in my life... You said that you have come that "my joy may be full"... Jesus, increase my joy.



Receive

Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained" (John 20:21-23).



Apply



Jesus said to the disciples, "Receive the Holy Spirit."





Am I open to receive the good things that Jesus wants to give me? What are some of the blessings that I have already received today?



Pray

 **Jesus said to the disciples, "Receive the Holy Spirit."**

 Am I open to receive the good things that Jesus wants to give me? What are some of the blessings that I have already received today?

 Jesus, open my heart to receive all the blessings that you have in store for me today... Jesus, thank you for all the gifts that you have given me today, especially...

The Precious Privilege of Prayer

"Prayer is a precious privilege - and this is putting it mildly. That the Lord of glory, himself unending joy, beauty, and goodness, would invite us to communicate with Him and then begin the conversation with His inspired Word [Sacred Scripture], which welcomes our responses, is an unimaginable blessing" (Fr. Thomas Dubay).